



# eHELPEd-IT

Electronic Health Literacy  
Perspectives, Education  
and Digital Tools

Project no.: 2024-1-RO01-KA220-HED-000254430

## NEWSLETTER 2

The Consortium of the eHELPEd-IT project launched the **eHL Web Platform**, an innovative digital resource designed to strengthen electronic health literacy skills.

Through interactive self-assessments, personalised insights, and engaging educational resources, the platform helps users confidently navigate, evaluate, and apply digital health information in today's fast-evolving healthcare landscape.

## CONSORTIUM



Klaipėdos  
valstybinė  
kolegija



Akademia  
Humanistyczna  
w Łodzi



University of Zadar  
Universitas Studiorum  
Jadertina | 1396 | 2002 |



University  
of Cyprus



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# EMPOWER

Empowering students to navigate health in a digital world.

START YOUR ASSESSMENT

EXPLORE RESOURCES

## Electronic Health Literacy Web Platform

### The eHL Web Platform offers:

- A user friendly interface;
- Easy to access already selected up-to-date resources for the eHL enhancement;
- eHL self-assessment, track progress & identify areas for improvement by providing personalized real-time feedback to users, based on their eHL, impostor syndrome, self-efficacy and perceived source credibility levels;
- Practical strategies for eHL enhancement at individual and university or community levels;
- Comprehensive Frequently Asked Questions section;
- Translated versions in 7 languages: English, Romanian, Bulgarian, Greek, Polish, Lithuanian & Croatian.



Scan the QR code to access for free the eHL Web Platform!



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