

## FRESHMAN'S GUIDE



## Dear students,

Welcome and congratulations on beginning your studies at KVK — a higher education institution with over a hundred years of experience, strong traditions, and a modern approach to learning. We are pleased that you have chosen to become a part of our academic community. Thank you for choosing KVK for your professional bachelor's studies — this is a great honour and responsibility, which we are committed to fulfilling through our work and results.



KVK lecturers are experienced and dedicated professionals whose goal is not only to impart knowledge, but also to help each of you grow, discover yourselves, and pursue your dreams. We believe that the theoretical knowledge and practical skills you acquire during your studies will become a solid foundation for your success in life.

We are proud that the competencies of KVK graduates are highly valued in the job market — many of them secure successful employment within less than a year after graduation. You're one step closer to your career dreams!

KVK actively collaborates with leading universities around the world, making your studies a great opportunity to experience different cultures, broaden your horizons, and gain international experience.

I wish you the courage to dream big and the drive to pursue those dreams. Be curious, creative, persistent, and open to new experiences. May these studies become one of the most memorable stages of your life

May these years of study become one of the most memorable stages of your life!

# Welcome to the academic year opening celebration

1 September at 14:00, in the courtyard of the Technologies Faculty, Bijūnų st. 10

P.S. You can take city buses No. 3, 4, 6, 8, 10, 11, 12, 14, 18, and 28. Get off at the 'Sausio 15-osios' bus stop









## You can find us at Klaipėda

### HEALTH SCIENCES FACULTY (HSF)

Dariaus ir Girėno st. 8, Bijūnų st. 10



### TECHNOLOGIES FACULTY (TF) Bijūnų st. 10



### BUSINESS FACULTY (BF)

Jaunystės st. 1, Jaunystės st. 2



### **DORMITORIES**Debreceno st. 25



YOUR FIRST DAY AT THE

### **Health Sciences** Faculty Dariaus ir Girėno st. 8, Bijūnų st. 10

Group

Study programme

BHuz2-1

**Dental Hygiene** 

KTuz7-1

**Physiotherapy** 

SLuz6-1

**General Practice Nursing** 

2025-09-08

13:00, Online

(The MS Teams meeting link will be sent to your email)

### CONTACTS

Dean Dr. Asta Mažionienė, +370 650 18276, a.mazioniene@kvk.lt

Vice-Dean Monika Pocienė, +370 610 04156, m.pociene@kvk.lt

Study Administrator Sigita Virbauskaitė, +370 655 38765, svmfstudijos@kvk.lt

Study Coordinators Eglė Ribalkaitė, +370 630 07752, svmf@kvk.lt Akvelina Čuladytė, +370 630 07749, a.culadyte@kvk.lt

Physiotherapy and Simona Urbonienė, +370 610 24062, s.urboniene@kvk.lt

Oral Care Department Monika Balčytienė, +370 630 07751, m.balcytiene@kvk.lt

**Beauty Therapy Department** 

Nursing and Social Welfare Department Dr. Akvilė Virbalienė, +370 611 42372, a.virbaliene@kvk.lt

YOUR FIRST DAY AT THE

### **Technologies** Faculty Bijūnų st. 10

Group

Study programme

len4-1

**Informatics** 

2025-09-03

10:45, Online (The MS Teams meeting link

will be sent to your email)

### **CONTACTS**

Dean Dr. Vijolė Bradauskienė, +370 652 19558, v.bradauskiene@kvk.lt

Vice-Dean Sigutė Savickienė, +370 655 91547, s.savickiene@kvk.lt

Administrator Migla Kavaliauskienė, +370 630 07743, tf@kvk.lt; m.kavaliauskiene@kvk.lt

Study administrator Jurgita Dambrauskienė, +370 656 34093, j.simutyte@kvk.lt Study Coordinator Akvelina Čuladytė, +370 630 07749, a.culadyte@kvk.lt Engineering and Sigutė Savickienė, +370 655 91547, s.savickiene@kvk.lt

Informatics Department

### YOUR FIRST DAY AT THE

### Business Faculty Jaunystės

Group Study programme

FIN2-1 Finance 2025-09-10

MO2-1 Management of Organizations 13:15, Online

TB3-1 Tourism Business (The MS Teams meeting link will be sent to your email)

#### **CONTACTS**

Dean Jurgita Kasparienė, +370 699 33862, j.kaspariene@kvk.lt

Vice-Dean Aušra Anužienė, +370 655 35144, a.anuziene@kvk.lt

Study Administrator Ernesta Sabalionienė, +370 630 07704, vf.studijos@kvk.lt

**Study Coordinator** Inga Šniukštienė, +370 630 07731, i.sniukstiene@kvk.lt

Finance and Accounting Department Sabina Jurkaitienė, +370 655 38763, s.jurkaitiene@kvk.lt

Business Administration Department Mantas Saltykovas, +370 605 82213, m.saltykovas@kvk.lt

## Important steps to take

Connect to KVK information systems\* https://www.kvk.lt/wp-content/uploads/2025/08/Brochure-2025.pdf

\*Log in details will be sent to your personal email address which you indicated while applying for studies.

As soon as you receive your access credentials (check the e-mail you indicated in your admissions application)

Register for the semester. You will need to do this every semester (www.moodle.kvk.lt – Students – Register for the Semester). At the top of the form, select 'English' as your preferred language.

Registration is open until 12 September In spring semester – until 13 February

If you have studied at another higher education institution and want your results to be recognized, you must submit a request to your faculty administration.

**Until 12 September** 

If you need a certificate\*\* of study or a session attendance certificate, you can order it by logging in at www.moodle.kvk.lt → change the language to English in → Settings Students → Certificates and Applications.

**During the studies** 

\*\*certificates can be ordered no earlier than 1 September, when your student status becomes effective

Get acquainted with the documents regulating your studies and watch out for any updates by logging in at www.moodle.kvk.lt.

On a regular basis

### Classes

CLASS	LENGTH	BREAK LENGHT
Introductory session	8:00-8:45	15 min.
First lecture	9:00-10:30	15 min.
Second lecture	10:45-12:15	1 h
Third lecture	13:15-14:45	15 min.
Fourth lecture	15:00-16:30	15 min.
Fifth lecture	16:45-18:15	15 min.
Sixth lecture	18:30-20:00	10 min.
Seventh lecture	20:10-21:40	

### Timetables:

Health Sciences Faculty – https://www.wise-tt.com/wtt\_kvk\_svmf\_en/ Technologies Faculty - https://www.wise-tt.com/wtt\_kvk\_tf\_en/ Business Faculty - https://www.wise-tt.com/wtt\_kvk\_vf\_en/

### Attendance

Students missing more than 40% of the theoretical lectures or practical sessions of a course may be deprived of the right to sit the exam for that course. In such cases, the student must retake the course.

## Career management services

## Plan your career as you study

**CONSULTING ON STUDY AND CAREER ISSUES:** 

https://www.kvk.lt/en/for-students/internships-and-career/

Take part at career seminars/trainings and events.

### Career Fair "Karjeros dūzgės 2025"

You are most welcome to join the KVK Career Fair, which will take place on 23 October.

#### **DURING THIS EVENT YOU WILL:**

- Meet your future employers and KVK social partners;
- Find out more about your future internship and job opportunities;
- · Get useful insights and start your career.

Follow the information on social media:

- f KVK Studijų ir karjeros centras
- (iii) kvk.skc

## Psychological counselling

University studies are not only a new beginning but also bring new commitments and challenges that you will need to overcome. To support our mental health, don't forget to:

#### **TAKE A REST**

your body needs at least 8-9 hours of sleep.

#### **BREATHE**

fresh air is essential for your brain to work well.

#### **EAT HEALTHY**

nutritious food helps you stay energetic and healthy.

### **TALK**

problems don't look as big when you share them.

#### **GET MOVING**

staying active is great for your body and your mind.

As a KVK student, you can get free help from a psychologist. One-on-one sessions with a psychologist are there to help you find your balance again when life gets tough.

If you sometimes feel down or sad, if you're anxious about something, have questions you can't find answers to, or just want to understand yourself better — sign up for a consultation with a psychologist.

https://www.kvk.lt/en/for-students/support/psychological/



### **KVK Library**

By enrolling in KVK, you gain access as a library user. Your student card is also your library card.

You can find publications in the following collections:

Medical and Health Sciences publications (HSF and TF)	Social Sciences publications (BF)	Technology and Natural Sciences publications (TF)
<ul> <li>Dariaus ir Girėno st. 8,</li> <li>+370 630 07754</li> <li>Bijūnų st. 10,</li> <li>+370 630 07742</li> </ul>	• Jaunystės st. 1, +370 630 07708	• Bijūnų st. 10, +370 630 07742

Library services:	Library spaces:
<ul> <li>Borrowing and returning publications;</li> <li>Training sessions on topics such as the library information system and services, how to find information sources for written assignments, how to cite sources and prepare a bibliography, and more;</li> <li>consultations with a subject librarian;</li> <li>wireless internet;</li> <li>copy machine;</li> <li>printing;</li> <li>scanning, etc.</li> </ul>	<ul> <li>study rooms with computer workstations;</li> <li>group and individual work spaces;</li> <li>recreation spaces.</li> </ul>

The website and the Moodle virtual learning environment will help you navigate the abundance of information.

#### YOU ARE WELCOME TO USE:

- e-books;
- subscribed databases;
- KVK virtual library resources.

LOGIN DETAILS - the same way as all other KVK IT resources.

Got questions or feedback? Write, call, come talk to us.

#### LET'S CONNECT ON SOCIAL MEDIA:

(C) kvk\_biblioteka

**f** KVKbiblioteka

(IIII) Klaipėdos valstybinės kolegijos biblioteka

**Opening hours** 

Mon - Thu: 8:00 AM - 7:00 PM

Fri: 8:00 AM – 5:00 PM



### Erasmus+ Exchange Programme for Students

The Erasmus+ programme offers students the opportunity to go abroad to a higher education institution or another organization for partial studies and/or traineeship. Each student can participate in a short-term (5–14 days) and long-term mobilities (2–12 months).

All students participating in the programme will receive an Erasmus+ grant. Additionally, KVK supports students with fewer opportunities by providing an additional fixed allowance. Students with physical, mental, or other disabilities may receive additional funding based on actual expenses incurred.

#### PARTICIPATION IS AVAILABLE FROM THE VERY FIRST YEAR OF STUDIES!

Why Participate in the Erasmus+ Programme?

- Gain international experience and professional knowledge.
- Improve foreign language skills and receive free language courses.
- Erasmus+ mobility will be included in the diploma supplement issued after graduation.
- Students who go on Erasmus+ mobility are not subject to academic ranking that year, so they do not lose scholarships.
- Erasmus+ alumni are twice as likely to find employment within a year of graduation.
- One-third of Erasmus+ interns receive job offers from the companies where they did their trainee-ship.
- Opportunity to learn about other cultures and make connections around the world.

To participate in the Erasmus+ programme, students must fill out an application form on the kvk.lt website.

KVK students are also invited to join the Erasmus mentor team. These are volunteer students who help incoming international students integrate into life in Klaipėda.

**International Relations Department:** 

Jaunystės str. 1, room 122 international@kvk.lt +370 630 07736



### **Be Active**



#### **KVK SPORTS**

Physical activity is an important part of the entire KVK community.

Students coming to the KVK sports hall during their free time can play basketball, volleyball, table tennis, darts, and indoor soccer, plus do stretching and train to improve speed, strength, coordination, agility, quickness, and endurance.

They can also join the KVK basketball or volleyball team and train to compete at the national college level.



#### YOUNG MEDICS SCHOOL

KVK Young Medics School is designed for all students who want to explore the world of medicine in a playful, active, interesting, and hands-on way. Lectures at the Young Medics School are given by lecturers and students from the Faculty of Health Sciences.

Contacts: E-mail: m.balcytiene@kvk.lt

Contacts

Contacts: E-mail: m.bugys@kvk.lt



#### **ERASMUS STUDENTS MENTORS**

Every semester, KVK welcomes a group of incoming exchange students, so Erasmus mentors strive to make it easier for the foreigners to integrate into new environment and remember their stay in Lithuania as one of the most fun events in their lives!

Mentors, with the help of the International Relations Department, organize and coordinate Erasmus students' leisure time - trips around Lithuania, intercultural evenings, film screenings, picnics, social events, etc. So if you have free time, want to improve your English language skills or learn new, communicate with various people from different corners of the world - join the mentors!

Contacts: E-mail: international@kvk.lt. International Relations Department, Business Faculty, room 122

### Financial Assistance

### KVK FINANCIAL ASSISTANCE

- · Incentive scholarships
- · One-time scholarships
- One-time social scholarships

### SOCIAL PARTNER GRANTS, SCHOLARSHIPS, ETC.

Founders and sponsors have procedures for awarding grants and scholarships to winners of competitions, projects, or research contests.

#### **MORE ABOUT SCHOLARSHIPS:**

https://www.kvk.lt/wp-content/up-

loads/2025/02/2024-12-11-SV1-7-PROVISIONS-FOR-AWARDING-SCHOLARSHIPS.pdf

## KVK Student Representation



Our student representation is your voice. We want to hear your opinion, understand you, and act in your best interest. We are here to make your student life meaningful and full of fun moments. Being creative helps you achieve great things!

### STARTING YOUR JOURNEY INTO STUDENT LIFE, REMEMBER TO PICK UP:

an International Student Identity Card (ISIC): https://www.isic.lt/en

OR

a Lithuanian Student ID (LSP): https://lsp.lt/en

which you will need throughout your studies.

If you're interested in KVK Student Representation activities, we invite you to join our family by filling out the membership form, available on our website: http://kvksa.lt/

#### **KVK SR Departments:**

- The **Public Relations Department (PRD)** is responsible for information dissemination and managing the image of the Student Representation. It creates social media posts, photographs events, and helps spread the word about events and activities.
- The **Leisure Department (LD)** is responsible for making student life fun and enjoyable. It organises events and fosters the KVK community.
- The Marketing Department (MD) is responsible for visibility, partnerships with external organisations, and looks for sponsors. It contributes to the event success and makes sure that student activities get the spotlight.
- The **Department of Social and Academic Issues (DSAI)** is responsible for the quality of the studies, dormitories, and student life at KVK. They organise surveys, offer suggestions for the improvement of the study quality, and represent student opinion.
- The **Human Resources Department (HRD)** takes care of the SR members: their well-being, motivation, training, and right decisions at the organisation.

## Useful Contacts

#### STUDIES AND CAREER CENTRE

studijos.karjera@kvk.lt

- +370 650 93037 (Certificates)
- +370 673 69077 (Career counselling)
- +370 684 96404 (Psychological counselling)

### INFORMATION TECHNOLOGY CENTRE

itcentras@kvk.lt +370 655 11803

### INTERNATIONAL RELATIONS DEPARTMENT

international@kvk.lt +370 630 07720



#### **LIBRARY**

biblioteka@kvk.lt +370 630 07742

### ACCOMMODATION SERVICES DEPARTMENT

a.lenkauskiene@kvk.lt +370 656 15214

#### **KVK STUDENT REPRESENTATION**

prezidentas@kvksa.lt +370 652 54537

### **MORE CONTACTS AVAILABLE:**

https://www.kvk.lt/en/for-students/support/academic/consultation/



## future looks good

#MakeItYours









www.kvk.lt